



Systemic Enzyme Therapy

There is an overlooked pill, one that can help you to regain that youthful glow and health always prevalent when you were younger. Systemic enzymes can be the answer you have been looking for. They can help you to feel great, while giving you more energy and more importantly, a healthy immune system. Recent studies, done to current scientific standards in both Italy and in the US, have shown these enzymes to be as good as or better than powerful steroidal and non-steroidal anti-inflammatory drugs such as hydrocortisone, indomethacin, aspirin and phenylbutazone in dealing with the following conditions:

- ⇒ Fibromyalgia
- ⇒ Chronic fatigue syndrome
- ⇒ Multiple sclerosis
- ⇒ Rheumatoid arthritis
- ⇒ Plus many other conditions involving immune dysfunction

Since 1959, millions of Europeans have been using systemic enzymes to enhance their health and well-being. Systemic enzymes promote healthy aging by providing safe, long-term support of the body's immune system. As we get older, our bodies produce fewer immune system enzymes. Enzyme therapy has been and is being successfully applied in Germany, most often in combination with other therapies. Dr Karl Ransberger and Dr Max Wolf (the father of enzyme therapy) wrote a book in 1974 on enzyme therapy showing that this type of therapy was about 70% successful in its treatment of cancer. The Proteolytic enzymes discussed in the books most frequently in connection with cancer therapy are Chymotrypsin and Trypsin.

Systemic enzymes tablets are coated enterically to ensure freshness and stability. In the body, the enteric coating protects the enzymes from being digested in the stomach by the Gastric acid and Pepsin. The coating first dissolves in the neutral to weakly basic environment of the small intestine, thus assuring successful absorption of the enzymes. The enzymes then enter the blood stream and circulate throughout the body. In addition to supporting a variety of metabolic functions, the enzymes can improve circulation to impaired body areas, thus reducing edema and allowing these areas to be supplied with more nutrients and oxygen. The presence of enzymes is also known to increase the white blood cell activity of the immune system. Due to the wide range of activity, enzyme supplements can be used to support the healing process for a broad spectrum of physical ailments. In Europe, systemic enzymes are routinely used in hospitals, and are often



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prescribed by medical professionals. As more of the positive effects of enzyme supplementation is learned, it is certain to find a well established place within both the conventional and the alternative health communities.

Fortunately, the benefits of systemic enzymes are available to all of us now. At Boulder Natural Medicine, a whole month's supply of systemic enzymes costs only \$31. Depending on the individual's health status, I generally dose Catalytic Formula at three tablets, twice per day between meals. The tablets are enteric coated to slip by your stomach unchanged and to release their contents into the small intestine for maximum absorption and benefit.

If you have any questions as to whether systemic enzymes are right for you, please contact us here at the office at (303)447-1339 or send us your questions by email to info@bouldernatural.com .

As always, go in good health!

Erik Flatland, ND, Lac